



FACILITY OR
INSTITUTION NAME: _____

STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
RELIGIOUS DIET PROGRAM - CERTIFIED FOOD OPTION MENU
FY 2023-2024

MONTH OF _____
OPERATION: _____


FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief


Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

Effective: 10/9/2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 ea peanut butter (3 oz.) 1 pk cold cereal 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter (3 oz.) 1 pk cold cereal 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter (3 oz.) 1 pk cold cereal 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter (3 oz.) 1 pk cold cereal 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter (3 oz.) 1 pk cold cereal 3 ea bread 3 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter (3 oz.) 1 pk cold cereal 3 ea bread 3 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	BREAKFAST 1 ea peanut butter (3 oz.) 1 pk cold cereal 3 ea bread 3 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage
1 c black-eyed peas 1 ½ c cabbage, shredded 2 pk dressing 2 ea bread 2 ea margarine 1 ea orange 1 pk beverage 1 ea salt 1 ea pepper	1 c beans, canned 1 ½ c cabbage, shredded 2 pk dressing 2 ea bread 2 ea margarine 1 ea banana 1 pk beverage 1 ea salt 1 ea pepper	1 pk tuna 1 c beans, canned 1 c carrot sticks 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper	1 c chili beans 1 ½ c cabbage, shredded 2 pk dressing 2 ea bread 2 ea margarine 1 ea banana 1 pk beverage 1 ea salt 1 ea pepper	1 pk mackerel 1 c beans, canned 1 c carrot sticks 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper	1 c beans, canned 1 ½ c cabbage, shredded 2 pk dressing 2 ea bread 2 ea margarine 1 ea banana 1 pk beverage 1 ea salt 1 ea pepper	1 pk tuna 1 c beans, canned 1 c carrot sticks 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper
1 pk mackerel 1 c beans, canned 1 c carrot sticks 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper	1 pk sardines 1 c 3 bean salad 1 c cucumbers 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper	1 c beans, canned 1 ½ c cabbage, shredded 2 pk dressing 2 ea bread 2 ea margarine 1 ea orange 1 pk beverage 1 ea salt 1 ea pepper	3 pk cheese 1 c beans, canned ¾ c tomatoes, grape 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper	1 c beans, canned 1 c zucchini 2 pk dressing 2 ea bread 2 ea margarine 1 ea orange 1 pk beverage 1 ea salt 1 ea pepper	1 pk sardines 1 c beans, canned 1 c cucumbers 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper	1 c beans, canned 1 ½ c cabbage, shredded 2 pk dressing 2 ea bread 2 ea margarine 1 ea banana 1 pk beverage 1 ea salt 1 ea pepper

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

Food Service Director